





United States Department of Agriculture

## RAW DATE BROWNIES

Yields 8 servings

Prep Time: 10minutes | Total Time: 10 minutes

- 1 cup walnuts
- 10 Large Medjool dates, pitted and chopped
- 3 tbsp cocoa powder
- 1 tbsp honey
- 1 tsp vanilla
- 1-3 tsp water

1. Place walnuts in the food processors and pulse until finely ground.
2. Add the remaining ingredients, without the water, pulse until well combined.
3. Add water as needed to help combine the mixture.
4. Slice and serve or refrigerate to help them firm.

Recipe adapted from © 2019 Familyfoodonthetable.com

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